

## “What will my Child Need for Preschool?”

A Backpack Have your child try it on so that it is not too big. It should be large enough to hold a folder. **Please no backpacks with wheels.**



A Change of Clothes Put pants/shorts, shirt, underwear, socks, etc. in a bag (prefer re-closeable bag) and **label with students name.**

Folder A folder will be provided the first day of school. It will need to be brought with your child everyday to class. This folder will be the way we communicate. Important information for you will be in this folder along with your child’s great creations.



Completed Forms Several forms were sent home. Please complete and return them one week before the first day of school

**Immunization form-** please return by Sept. 30

First Day- Please bring the Getting to Know You Bag



## “How can I help my child in Preschool”?

On the next pages are skills that will be helpful for you and your child to do at home. When parents are involved with children’s education, it encourages successful learners.

## Self Help Skills

- Uses toilet independently
- Fastens and unfastens clothing
- Puts shoes on correct feet
- Wipes and blows nose
- Washes hands
- Brushes teeth and hair
- Cleans up spills
- Picks up toys
- Feeds self

## Activities to enhance gross and fine motor skills

Take child to the park or playground where he/she will have the space and equipment to develop large muscle skills such things as running, climbing, skipping, and jumping

Expose your child to stair climbing using alternate feet.

Play catch and kicking games with a large ball.

Expose child to movement to music

Provide child with writing utensils.

Provide child with safety scissors to use under adult supervision, making sure left-handed children are accommodated.

Have child draw pictures of him/her and also family members and pets. Encourage creativity.

Provide child with coloring books with large easy pictures to color.

Provide child with simple puzzles to put together. Puzzles with 3 to 6 pieces are excellent for preschool children.

## Cognitive Activities

Talk about colors in normal conversation

Make shapes with yarn, playdoh, and straws

Count silverware at mealtime, vegetables from the grocery, and candy pieces.

Sort socks from the laundry.

Put common objects in a bag and have the child reach in bag and try to guess what the object is by describing how it feels.

Sing songs together

When requesting an object from your child, describe its location.

## Do's

- Do show your excitement about school.
- Do read to your child
- Do spend quality time with your child
- Do screen your child's television viewing.
- Do foster a sense of responsibility in your child
- Do arrange for your child to be with other children.
- Do involve your child in household chores.
- Do praise your child when he/she is good.
- Do allow yourself time away from your child.
- Do respect your child.

## Nothing

When the children come home at the end of the day, the question they're asked as they scurry to play...  
IS..

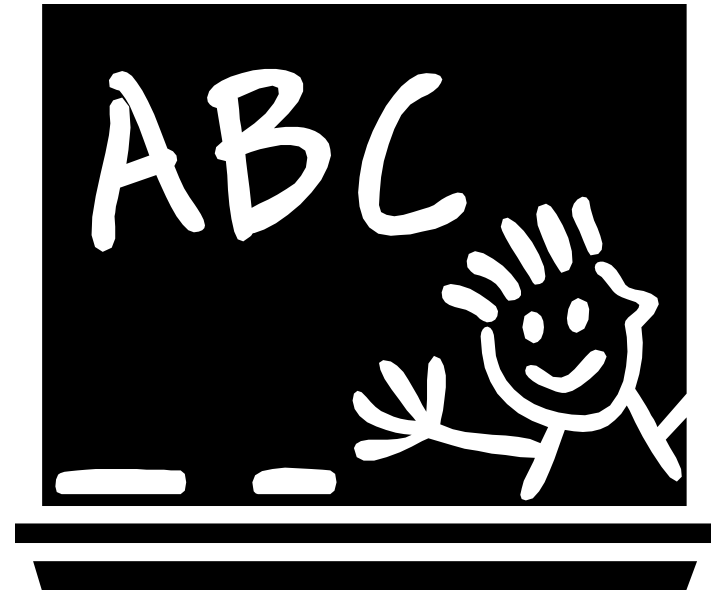
"Tell me, what did you do today?" And the answer they give Makes you sigh with dismay, "*Nothing. I did nothing today.*"

Perhaps nothing means that I played with blocks or made sets of 10 in the number box. Maybe I mixed colors of red and blue and found it made purple- did you know that, too? Maybe I was the helper of the day or went outside to play. Maybe today was the very first time my scissors followed along a straight line. Maybe I sang a song from beginning to end or played with a special friend.

When you're only 3 or 4 and your heart has wings  
"*Nothing*" can mean so many things!

Please contact me if you have any questions or concerns. We are looking forward to giving your child a great year in preschool.

# Getting Ready for Preschool



Jefferson Center for Preschool Children  
P.O. Box 218, 6 York Street  
Codorus, Pennsylvania 17311  
717-229-9880